



Testing new technologies designed to spot patient deterioration and provide better care

PATIENT INFORMATION SHEET

Your participation is totally voluntary. If you do not wish to participate, your choice will not affect any other services we provide to you. You can withdraw your consent at any time.

INTRODUCING CARE CITY

Care City is a Community Interest Company based in Barking. It has a dual focus on healthy ageing and regeneration. It was jointly founded by North East London NHS Foundation Trust and the London Borough of Barking and Dagenham in 2016. Care City is working to improve the health and lives of people in East London.

ABOUT THE PILOT

We are part of a programme being run by NHS England that is testing new ways of improving and providing care for patients and staff.

We are working with your care provider, Lodge Group Care to make sure that you stay well and remain comfortable at home. We are doing this through the delivery of two different technologies, one of which is a urine dipstick test called Dip.io, made by Healthy.io.

Dip.io

Healthy.io's Dip.io helps carers to gather information about your condition, through simply taking a picture of a urine dipstick on their mobile phone and sharing with your healthcare professional, such as a GP and community nurse, who can then make an informed diagnosis.

Healthy.io's urine dipstick test has the potential to allow your carer to quickly and easily detect whether you are suffering from an illness, through simply taking a picture of a urine dipstick on their mobile phone.

Please be aware that participating in this pilot and benefitting from this new technology is completely free of charge.



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WHAT WILL HAPPEN DURING THIS PILOT?

INITIAL ADVICE

Your carer will talk to you about the programme. They will advise how you could benefit from Dip.io.

CHECK UP

Your carer will then take your vital signs (for example, your temperature). They will do this through using a piece of kit called Whzan, which you have also received information about. They may also ask you a few questions, to find out a bit more about how you are feeling.

TREATMENT

Your carer will then communicate your results to the appropriate professional, such as a Community Matron or your GP.



REMINDER

If your carer thinks you will benefit from having a urine test, they will remind you of the pilot and obtain your consent to use Dip.io

URINE SAMPLE

They will then ask for a sample of your urine, so they can undertake the Dip.io test.

WHAT ARE WE DOING WITH THE DATA WE COLLECT?

We are working with Nuffield Trust who will use de-identified data to assess:

- How many people use the technology
- What the outcomes of using the technology are
- Whether the service is good value for the NHS, both by way of your experience and the cost of running the service

All data used for these purposes is de-identified and anonymous results are provided to us.



SHARE YOUR VIEWS & EXPERIENCE

Care City is continually looking for ways in which we can contribute to making ongoing improvements to health and care services in East London.

If you would be happy to share your patient experiences and ideas for improvement we would love to hear from you.

Please call Julie Atkins on 0300 300 1548 or email julie.atkins@nelft.nhs.uk



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Evaluating the Care City Test Bed

PATIENT INFORMATION SHEET

The Nuffield Trust is an independent research organisation that has been asked to evaluate how well this pilot has worked.

WHY DO WE WANT YOU TO TAKE PART?

As part of our evaluation we would like to understand the views and experiences of people using the technology including:

- how it was introduced,
- support given in using it and
- whether it was helpful.

This will help the NHS use technology to benefit people in the future. Taking part in the evaluation is not a requirement. You are still welcome to participate in the pilot, without participating in the evaluation.

WHAT WILL TAKING PART INVOLVE?

If you agree to take part, we would like you to complete a short survey within the next month or so. You can do this online or by telephone. Simply tell your carer which approach you would prefer and give them your preferred email address or telephone number for the Nuffield Trust team to contact you.

You will not have to talk about something if you do not want to, and can stop the interview at any time. If you agree, we will audio-record the discussion so we do not miss anything. Everything you say is anonymous, unless you tell us something that indicates that you or someone else is at risk of harm. We would discuss this with you before telling anyone else.

Any sensitive information would be treated in the strictest confidence, and no personal information will be used in our report.

At the end of the project we will write a report. We would like to use quotes in our reports but everything we write will be anonymous and you will never be named.

All of our results will be put on the Nuffield Trust website: www.nuffieldtrust.org.uk. We may also publish our research in other publications such as academic journals.

YOUR RIGHT TO WITHDRAW

Participation in this study is voluntary, and you are free to withdraw from the study at any time, even after you have been interviewed or completed a survey. If you would like to see a transcript of the interview, the study team would be happy to provide this. Contact the study team to arrange this (see details on next page).

PROTECTING YOUR DATA

Interview recordings will be transcribed by a third party based in the UK. In line with the Nuffield Trust's research guidelines, these recordings will be sent and stored securely with access restricted and only processed in the UK, and will be retained for two years after the end of the project before being destroyed. Nobody other than the transcribers and the research team will have access to your interview, survey or observation data.

Full details of your rights are available from:

www.nuffieldtrust.org.uk/resource/privacy-notice

If you lodge a complaint about the use or storage of your data with the Nuffield Trust but are not content with the outcome, you may apply directly to the Information Commissioner for a decision (available at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF, 0303 123 1113) or make a complaint to the Charities Commission.

The Data Controller, responsible for keeping your information secure in relation to the above services is:

The Nuffield Trust for Research and Policy Studies
in Health Services
59 New Cavendish Street
London W1G 7LP
0207 631 8450

FURTHER INFORMATION AND CONTACT DETAILS

More information about the study is available from:

www.nuffieldtrust.org.uk/project/care-city

If you have any queries about your participation or the wider research project, please do not hesitate to contact:

Chris Sherlaw-Johnson

Senior Research Analyst, Nuffield Trust

christopher.sherlaw-johnson@nuffieldtrust.org.uk

0207 631 8450

Stephanie Kumpunen

Senior Fellow in Health Policy, Nuffield Trust

stephanie.kumpunen@nuffieldtrust.org.uk

0207 631 8450

Evaluating the Care City Test Bed

CONSENT FORM (YOUR COPY)

This form is for you to give your consent to be a participant in the research project, **Evaluating the Care City Test Bed**.

Please tick as applicable:

1. I agree to take part in this study. Yes No
2. I confirm that I have read the information sheet for the above study.
I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily. Yes No
3. I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason, without my medical care or legal rights being affected. Yes No
4. I understand that my words may be quoted in publications arising from the research but that everything will be anonymous and I will not be named. Yes No
5. If I am in an interview, I give my consent for the discussion to be audio recorded. This will only be used to help Nuffield Trust with the research. Yes No
6. I agree to a member of the Nuffield Trust research team sitting in on a consultation with my healthcare professional. Yes No

PLEASE COMPLETE IN BLOCK CAPITALS:

YOUR NAME _____

EMAIL ADDRESS _____

TELEPHONE _____

SIGNATURE _____ DATE _____

When complete, please **KEEP** this copy for your information.

If you have any queries please telephone or email:

Chris Sherlaw-Johnson, Senior Research Analyst, Nuffield Trust
christopher.sherlaw-johnson@nuffieldtrust.org.uk • 0207 631 8450

Stephanie Kumpunen, Senior Fellow in Health Policy, Nuffield Trust
stephanie.kumpunen@nuffieldtrust.org.uk • 0207 631 8450

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YOUR NAME _____

EMAIL ADDRESS _____

TELEPHONE _____

SIGNATURE _____ DATE _____

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PILOT PARTICIPATION CONSENT FORM

Pilot participants are required to read and agree to each statement below:

- I have read and understand the information in the Patient Information Sheet.
- I understand this is a pilot (test) service and is not a full time commissioned service, however the service is delivered by NHS staff and held up to the same standards that an NHS service would be.
- I understand that the purpose of this pilot is to explore the role of Dip.io to improve care for patients.
- I understand that there will be no cost to me for these assessments.
- I understand that an assessment with this device does not protect me (the participant) against negative health implications nor does it confirm the diagnosis of medical conditions.
- I understand that I may withdraw consent at any time and for any reason and that this will not affect my ability to receive healthcare.
- I voluntarily agree to participate in this pilot.

Information will be used in line with the privacy policy which is available online or you can ask your clinician for a copy. All personal data will be handled securely and confidentiality and in line with the Data Protection Act 2018 and General Data Protection Regulation 2018.



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