

# E-Care

## An App to Support Learning and Development of Domiciliary Carers



### What is the need for e-Care?

- Well-trained and dedicated staff contribute to the delivery of high-quality, person-centred care and support\*
- New British Geriatrics Society guidelines suggest that care homes should monitor patients' vital signs in the way nursing homes do
- COVID-19 has increased the demand for care staff to have the skills and confidence to spot the soft signs of deterioration

### What do the stats tell us?

- Employers with a turnover of less than 10% cite the importance of developing social care staff talent and skills to allow them to grow with the organisation\*
- Investing in learning and development can support in retaining care staff. Adult social care employers with a 'good' or 'outstanding' Care Quality Commission (CQC) rating had a lower staff turnover rate than those rated either requiring improvement or inadequate\*

### What is e-Care?

The aim of the app is to ensure carers are able to better detect when a service user is becoming unwell, and understand how to use a number of digital tools to gather important information to help a health professional to make a diagnosis, or initiate prompt treatment.

- Increase carers' understanding of the main body systems
- To spot the soft signs of deteriorating health
- Teach them how to use digital health tools to take observations
- Empower carers to feel confident to share information appropriately with healthcare professionals
- Provide Care managers with the support they need to enable their staff's development

### Who will use e-Care?

- Domiciliary carers
- Residential carers
- Student and apprentice carers

### What will the carer learn?

The carer will learn:

- About the main systems of the body and how they work
- To spot the signs of deteriorating health
- To use digital tools to take observations
- To share information appropriately with healthcare professionals

Digital tools include:



### What are the benefits to the employer?

“Key workers such as homecare workers now have the opportunity to gain more knowledge and grow in confidence when delivering care provisions, thanks to the E-Care app and the information it taps into.

Tajinder Bains, Branch Director, Kare Plus

### How long does it take to complete?

It will take the learner approximately 85 minutes to complete the app and does not need to be completed in one sitting.

### How much does this cost?

This training app has been funded by the UFI Charitable Trust and is free to carers.

### How can I sign up?

Start date from February 2021.

To register your interest, email [julia.prudhoe@carecity.org](mailto:julia.prudhoe@carecity.org)

\*Skills For Care – Recruitment and retention in adult social care: secrets of success

