



# Testing new technology to improve uptake of the Urine ACR Test

## PATIENT INFORMATION SHEET

*Your participation is totally voluntary. If you do not wish to participate, your choice will not affect any other services we provide to you. You can withdraw your consent at any time.*

### INTRODUCING CARE CITY

Care City is a Community Interest Company based in Barking. It has a dual focus on healthy ageing and regeneration. It was jointly founded by North East London NHS Foundation Trust and the London Borough of Barking and Dagenham in 2016.

Care City is working to improve the health and lives of people in East London.

### ABOUT THE PILOT

1 in 10 people in the UK are suffering from kidney disease. Having diabetes means your risk of kidney disease is higher than usual, and getting your urine tested regularly is very important.

A simple Albumin-to-Creatinine (ACR) urine test is an initial check of your kidney function. Detecting and treating kidney problems early can slow or prevent the disease.

### Healthy.io ACR

By using the Healthy.io ACR app and accompanying kit, you can now perform the ACR test from the comfort of your home. The results are automatically sent to your GP practice and they will contact you if further care is required.

*Please be aware that participating in this pilot and benefitting from this new technology is completely free of charge.*



[www.carecity.london](http://www.carecity.london)

## WHAT WILL HAPPEN DURING THIS PILOT?

### INFORMATION SHARING

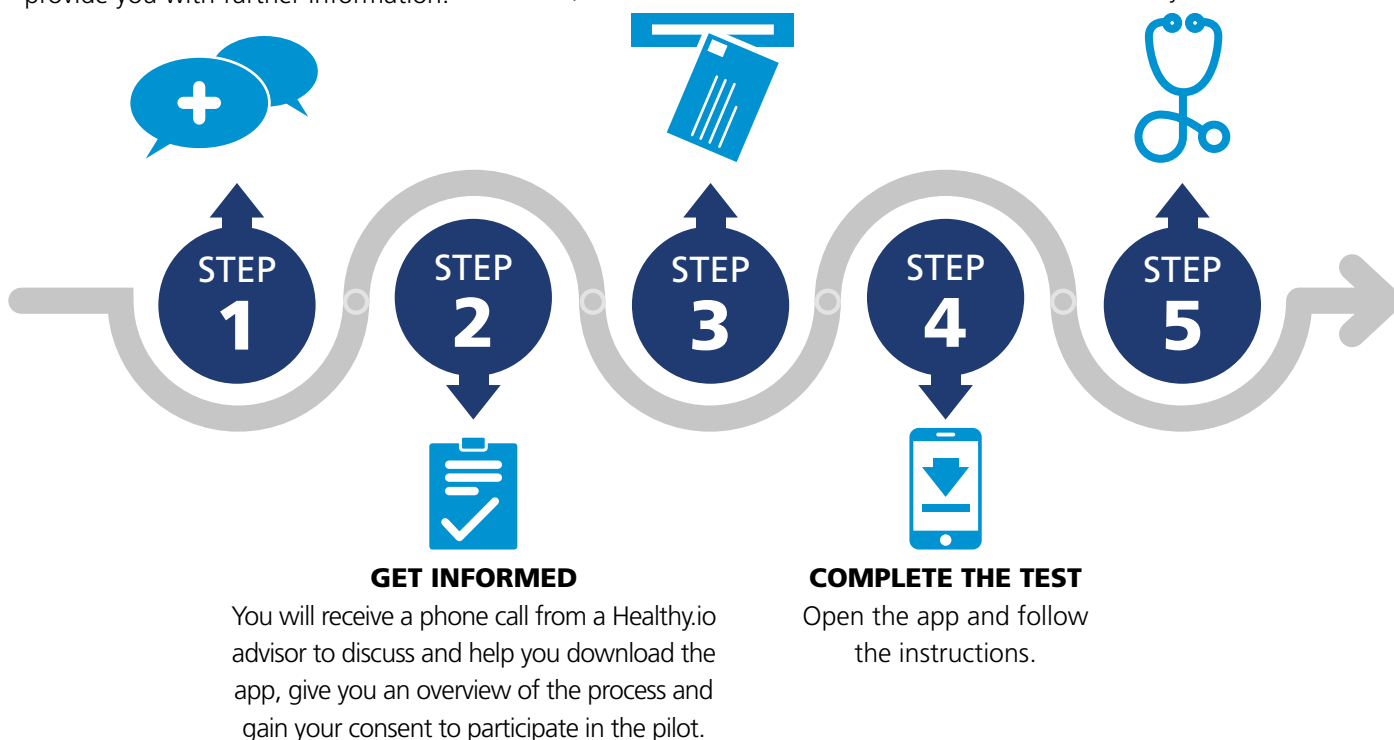
If you are required to have a ACR check for your annual diabetes review, your GP practice will pass Healthy.io the information needed to provide you with further information.

### PREPARE FOR TEST

Once you've received the kit through your letterbox, take the kit and find a private and well lit room.

### RESULTS

The results will automatically be sent to your GP and your GP practice will contact you if a follow up is required based on your results.



## WHAT ARE WE DOING WITH THE DATA WE COLLECT?

We are working with Nuffield Trust who will use de-identified data to assess:

- How many people use the technology
- What the outcomes of using the technology are
- Whether the service is good value for the NHS, both by way of your experience and the cost of running the service

To answer these questions, Healthy.io and your GP Practice will forward the data collected from your test and from the App to the CCG Barking and Dagenham, Havering and Redbridge (BHR), which will de-identify and anonymise it before sending it to Nuffield Trust for evaluation.

All data used to answer these questions is managed in line with EU data regulations.



### SHARE YOUR VIEWS & EXPERIENCE

Care City is continually looking for ways in which we can contribute to making ongoing improvements to health and care services in East London.

If you would be happy to share your patient experiences and ideas for improvement we would love to hear from you.

Please call Julie Atkins on 0300 300 1548 or email [julie.atkins@carecity.org](mailto:julie.atkins@carecity.org)



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# Evaluating the Care City Test Bed

## PATIENT INFORMATION SHEET

The Nuffield Trust is an independent research organisation that has been asked to evaluate how well this pilot has worked.

### WHY DO WE WANT YOU TO TAKE PART?

As part of our evaluation we would like to understand the views and experiences of people using the technology including:

- how it was introduced,
- support given in using it and
- whether it was helpful.

This will help the NHS use technology to benefit people in the future. Taking part in the evaluation is not a requirement. You are still welcome to participate in the pilot, without participating in the evaluation.

### WHAT WILL TAKING PART INVOLVE?

If you agree to take part, we will send you a short online survey to complete at a time convenient to you at the end of the intervention. We may also contact you for a telephone interview, which would take around 30 minutes. You will not have to talk about something if you do not want to and can stop the interview at any time.

You will not have to talk about something if you do not want to, and can stop the interview at any time. If you agree, we will audio-record the discussion so we do not miss anything. Everything you say is recorded anonymously unless you tell us something that indicates that you or someone else is at risk of harm. We would discuss this with you before telling anyone else.

Any sensitive information would be treated in the strictest confidence, and no personal information will be used in our report.

At the end of the project we will write a report. We would like to use quotes in our reports but everything we write will be anonymous and you will never be named.

All of our results will be put on the Nuffield Trust website: [www.nuffieldtrust.org.uk](http://www.nuffieldtrust.org.uk). We may also publish our research in other publications such as academic journals.

### YOUR RIGHT TO WITHDRAW

Participation in this study is voluntary, and you are free to withdraw from the study at any time, even after you have been interviewed or completed a survey. If you would like to see a transcript of the interview, the study team would be happy to provide this. Contact the study team to arrange this (see details on next page).

### PROTECTING YOUR DATA

In line with the Nuffield Trust's Information Security Policy, these recordings will be processed securely with access restricted and only processed in the UK. The recordings will be retained for two years after the end of the project before being destroyed. Nobody other than the research team and our security-accredited transcription provider will have access to your interview, survey or observation data.

Full details of your rights are available from:

[www.nuffieldtrust.org.uk/resource/privacy-notice](http://www.nuffieldtrust.org.uk/resource/privacy-notice)

If you lodge a complaint about the use or storage of your data with the Nuffield Trust but are not content with the outcome, you may apply directly to the Information Commissioner for a decision (available at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF, 0303 123 1113) or make a complaint to the Charities Commission.

The Data Controller, responsible for keeping your information secure in relation to the above services is:

The Nuffield Trust for Research and Policy Studies  
in Health Services  
59 New Cavendish Street  
London W1G 7LP  
0207 631 8450

## **FURTHER INFORMATION AND CONTACT DETAILS**

More information about the study is available from:

**[www.nuffieldtrust.org.uk/project/care-city](http://www.nuffieldtrust.org.uk/project/care-city)**

If you have any queries about your participation or the wider research project, please do not hesitate to contact:

**Chris Sherlaw-Johnson**

*Senior Research Analyst, Nuffield Trust*

[christopher.sherlaw-johnson@nuffieldtrust.org.uk](mailto:christopher.sherlaw-johnson@nuffieldtrust.org.uk)

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